

Christ adopted both our body and soul, in order to deify both. That hope is not only for eternity, but also for this life. That the change includes the entire person, who is called to be and to have light, defeating sin which distorts hope and love.

In a world where we love darkness more, where we often seek the joy at night and not in the day, where sin is baptized as a right and virtue, Christ continues to exhort us with Him, for us to become and to be giving light! And in our works, for us people to stand, glorifying not ourselves, but God! For them to find, in the end, in us, the path that leads to Christ as light, both this as well as of eternal life.

Fr. T. M

SUNDAY, JULY 19 2020, SUNDAY OF THE HOLY FATHERS OF THE 4TH ECUMENICAL COUNCIL, Macrina the Righteous, sister of St. Basil, Dius, Abbot of Antioch, Saint Theodore, Bishop of Edessa , Translation of the Holy Relics of Righteous Seraphim of Sarov

TONE OF THE WEEK : First Plagal Tone

EOTHINON : Sixth Eothinon

EPISTLE READING : St. Paul's Letter to Titus 3:8-15

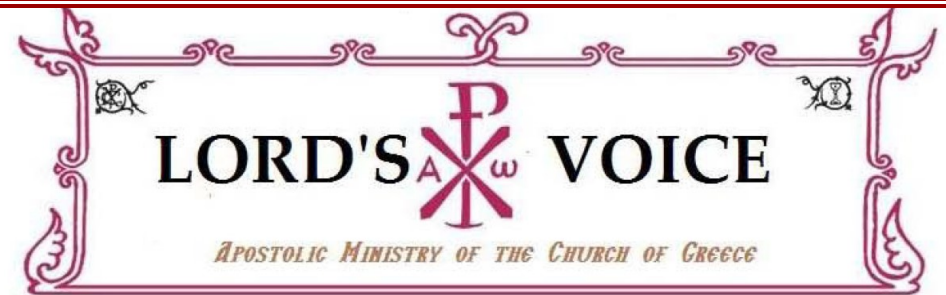
GOSPEL READING : Matthew 5 : 14 - 19

SUNDAY, JULY 26 2020, 7TH SUNDAY OF MATTHEW, The Holy Hieromartyrs Hermolaus, Hermippus, and Hermocrates, Paraskeve the Righteous Martyr of Rome, Prisca the Righteous Martyr, Moses the Hungarian, Jacob Netsvetov the Enlightener of Alaska.

EPISTLE READING : St. Paul's Letter to Galatians 3:23-29; 4:1-5

GOSPEL READING : Matthew 9:27-35

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68TH YEAR JULY 19 2020 PAMPHLET # 29 (3503)

LET US BECOME AND HAVE LIGHT

One of the words that Christ uses, both for Himself as well as for us people is the "Light". It is not just that He names himself the "light of the world". It is that He asks also from us, for our light to shine before men. "Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven" (Mt. 5:16). Each one of us, if he wants to be a Christian, is called to be and to have light, which will not be hid, but that will shine before men.

The decision for a new beginning

Let us be light! In body and soul let us make the others feel that there is joy and hope, seeing us and keeping company with us. Let us not exude misery, the fear of death, the entrapment in our ego, but joy and eagerness. Death is not only physical. Forms of death are also sadness for something in which we failed, for a relationship, a friendship, keeping company where the mistakes led to the

THE SUNDAY GOSPEL *MATTHEW 5: 14 - 19*

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.

end. It is the fear of loneliness, especially for younger people. Spiritual death is the absence of the ethos which God seeks from us. Light is our decision to make a new beginning in our life. To not be defeated, but to proceed with faith in God!

Light is that we not remain in the "now". But we believe that God loves us, sees us, hurts for us and furthermore, that even if He allows us to be tested, He does not hand us over to the loneliness.

of despair. But also, in the daily course of our life, an ethos of love, of an appetite for life and communion, partaking in the encounter to make the Christian to be light. This is imprinted on the face, on the smile, to the degree that strictness that does not scare, but balances, in a genuineness of being. In the joy of us keeping company with our neighbor!

Sources of illumination

Let us have light! Let us not feel ourselves to be self-lit and self-sufficient, but let us draw the light from the faith, the saints, the life of the Church. But also from each person, even of those who seem to be handed over to darkness, we are able to draw ideas, to activate our critical ability, not in order to reject the persons, but in order to not imitate their actions, the sin, and at the same moment for the attitude of the others to become cause for us to remember our own faults, our own failures, the traps into which we once fell, setting out also from

good dispositions. Us having light, means that we cultivate our own self, not only with asceticism, fasting, and prayer, but also with studying. Let us read a good word, no matter where it is coming from, so that our mind does not become tall from the pride of what we have and who we are, but, seeing wisdom and creativity, let us draw examples.

The patristic tradition

Let us be and have light! We are only able to find the authenticity of such a personality in its fullness, in the Church. An example for us are the Fathers who comprised the Ecumenical Synods and at the same time lived and shared the light that they received through their relationship with Christ, the faith, the cultivation both in theology as well as in the secular wisdom, that of the ancient Greek tradition. Particularly the last one allowed them to finely discern the boundaries of truth and of heresy. To see a culture without the incarnated Godman, where beliefs such as monophysitism were leading! To understand tha

